

## LIVE TO BE 169 YEARS OLD OLDEST MAN ON RECORD

The United States Public Health Service and the various health agencies of this country are working to prolong the average duration of life. In this they are obeying the desire for existence which is the strongest instinct of mankind. Only a small proportion of the human race rounds out its tour of duty on this earth. Some people are born with good bodies which they treat well. Barring accidents, they live a long time. Some people are born with poor bodies which they treat well. Barring accidents, they live a long time. Some people are born with good bodies which they treat badly and some people are born with poor bodies which they treat badly. They don't last long.

It is recorded that in Yorkshire in 1501, Henry Jenkins was born. He died in 1670, cut off at the age of 169. He remembered well the battle of Flodden Field. This occurred in 1513, when he was 12 years of age. The Register of Chancery and other courts show the administration of oaths to him 140 years prior to his death. He gave deposition as witness when he was 157. In his young manhood, when he was a little over 100, he was a remarkable swimmer.

The term "old age" too frequently is another name for the falling due of the debts of youth. Over-eating, over-drinking, over-playing, over-working, these are drafts on the bank of Nature which sooner or later must be met. Sometimes the day of reckoning can be put off a little bit, but Dame Nature will not be wheeled out of her claim.

The remarkable thing about Henry Jenkins is the fact that he has left behind him no rules of living which would enable one to duplicate his feat. In this he showed great self-repression. As a matter of fact there is no royal road to old age and it is not to be attained by a particular dietary or regimen of life. Perhaps the best rule may be expressed in one word, "Moderation." Moderation in food, moderation in drink, moderation in the joys and worries of life, moderation in work, moderation in recreation, equanimity of the mind, the soul and the body. These make for long tenure of life.

## WANTED DIVING SUIT WITH HIS LAND PURCHASE

(Received by a land syndicate.)

Sir: Your letter says if I don't pay the June installment on that 10 acres of Florida land you will start the machinery of the law moving in my direction. Well, I'm not going to pay it, or the July, or the August, nor any of the rest. I've quit, so start your machinery of the law and I'll put a monkeywrench into it that'll knock out more cogs than Mr. Blackstone could replace working nights and Sundays for the next 3 years.

Say, when that slick tongued salesman of yours sold me those ten acres for \$50 down and \$10 a month as long as I live, he had the Indian sign on me, with his back to the land and be your own boss stuff. I used to sit out on the porch after supper smoking my pipe and dreaming about that southern home, the bungalow among the palm trees, the evening breeze laden with perfume of orange blossoms, my orange blossoms. And now a friend of mine who went to Florida on other business sends me back a kodak picture of my farm that shows a fellow sitting in the middle of it, in a boat, fishing. It would be a grand place for a fishing lodge if there was a chunk of ground big enough to build a shack on, sticking out of the ground anywhere. Did you think I could live in water just because I'm a sucker, or does a diving suit go with that 10 acres? I didn't get mine.

## Couldn't Blame It

The hotel was not a very good one and the traveling men knew it. Nevertheless they were obliged to go there when they came late at night to the little town. In the middle of the night one of them was dimly conscious that something was wrong. Suddenly he realized that the trouble came from a leaking gas jet.

"Wake up, Bill!" he shouted, shaking his friend violently. "The gas is escaping."

"Well," growled Bill, "can you blame it?"

## Rude Girl

"I'm not going to that female barber shop again. There's a rude girl there, don't you know?"

"What did she say?"

"Why, she looked at my mustawash and asked me if I would have it sponged off or rubbed in."

Sister's Caller—"I'm glad to see my photo on the mantle."

Bobby—"Well, sis had to go some to get it in over Tom Smith's before you came in."

## U. S. EXPERTS DISCOVER A NEW DISINFECTANT

As a result of experiments conducted at the Hygienic Laboratory of the United States Public Health Service it is announced that a new disinfectant, possessing qualities superior to ordinary disinfectants, has recently been discovered. The announcement is particularly important this time, coming as it does in the face of the shortage in coal tar derivatives which has resulted from the European conflict.

The new preparation is derived from pine oil, a by-product in the manufacture of terpentine. It is easily prepared by mixing certain proportions of the oil with rosin and sodium hydroxide solution, the finished product being a reddish-brown liquid, rather thick and oily in appearance but free from turbidity. With water it makes a perfectly white emulsion, much resembling milk. It has a pleasing odor, no objectionable taste, and attacks neither fabrics nor metals. It possesses over four times the disinfectant properties of carbolic acid and is altogether nontoxic, so that it may safely be used as a throat spray or mouth wash in solutions of the ordinary strength. The cost of the preparation is remarkably low as it can be manufactured for less than fifty cents a gallon, solely from products which are produced in this country.

Many of the disinfectants now on the market are neither efficient nor economical, it having been demonstrated that a number of the most expensive and widely advertised are extremely weak in disinfecting power, so much so that their strength is undeterminable by ordinary methods. The sale of compounds of this nature constitutes a fraud. A second class of proprietary preparations are of guaranteed strength, thus putting a legal responsibility upon the manufacturer, but the cost of these per unit of disinfecting power is frequently excessive. The household is therefore often at a loss to select a disinfectant which is efficient, economical and of constant strength and it is believed that this new compound, which is to be known as "Hygienic Laboratory Pine-oil Disinfectant," will become one of the most useful preparations of that character.

## Snap Shots

If it is an inexcusable mistake it is one nobody made any money out of.

You don't think the price of butter is too high if you milk a cow.

As some see it, it is better to be a freak than to pass altogether unnoticed.

Also there would be more honest men if there were fewer suckers to tempt them.

Considering that the parade doesn't get started until 10 o'clock, we can't see why the drivers don't get shaved oftener.

Tillie Clinger says she dreamed last night that she was married to an aviator, and when she waked up she was rummaging in her bureau drawer for his life insurance policy.

## Was Occupied Anyway

The foreman of a gang of railway men has more than his share of Irish wit.

The other afternoon he was walking along his section of the line when he found one of his laborers fast asleep in the shade of a hedge.

Eying the man with a stern smile he said slowly:

"Slape on, ye idle spalpeen—slape on. So long as ye slape ye've got a job; but when ye wake up ye're out of wurrrk."

## A Nice Day Always Helps

The weather is still the prevailing topic in New England. They are telling a story of a farmer store-keeper of Glastonbury to whom a customer remarked, a few days ago: "Isn't it terrible about the war?"

"What war?" asked the storekeeper.

"Why, they are having a terrible war in Europe."

"That so? Who's fighting?"

"Why the Germans are fighting with the English and the French and the Russians."

"You don't say! Wal, they got a nice day for't, hain't they?"

## Wasn't Losing Any Chances

"Now, Mr. Blank," said a temperance advocate to a candidate for municipal honors, "I want to ask you a question. Do you ever take alcoholic drinks?"

"Before I answer the question," responded the wary candidate, "I want to know whether it is put as an inquiry or as an invitation."

## 'Nother Definition

"Little Lemuel—What's an egotist, paw?"

Paw—An egotist, son, is a penny box of matches that thinks it is the whole fireworks.

## A SOLDIER'S ARGUMENT FOR U. S. PREPAREDNESS

Major Charles H. Martin of the 18th U. S. infantry gave an address before the Parent-Teacher's club at Douglas recently that is worthy of note. It was a talk that could not help but make the responsible thinking people think.

All the arguments usually advanced in favor of preparedness and military training and others not so well known were presented to mothers of the city yesterday afternoon, when Maj. Chas. H. Martin, Eighteenth infantry, addressed the Parent-Teacher's club of the Grammar school. The auditorium of the Grammar school was well filled. A number of army officers attended. After the meeting Maj. Martin was congratulated by a number of mothers for what he had said. Many of the school teachers, Superintendent Lutz and Dr. F. T. Wright, president of the school board, were present.

Maj. Martin first called attention to the fact that there have been some persons "singing songs of peace" for 6,000 years but that war still goes on. He mentioned the futile efforts of Charles Sumner, Jane Addams and The Hague to stop war. Then he took up by turn the arguments against war—that it is against Christianity, against humanity and that preparedness for war leads to it.

## War Helps Humanity

He asserted that Christianity does not forbid war—that Christianity is for righteousness and that there have been many righteous wars. He asserted that war had often advanced the cause of humanity.

"Take the discovery regarding yellow fever in our Spanish war," he said. "That alone was so valuable that we could have afforded to go to war for that alone. It is often said that war does not pay. Some people gauge everything by the almighty dollar. They think it will purchase virtue, honor and righteousness. Shame on a people that fears the consequence of fighting for what is right. Soldiers do not glory in war but they believe that when the inevitable is to be faced it should be faced."

## Mark of Efficiency

"It is not true that preparedness brings on war. War comes when the people and statesmen fail to agree. The soldier is the court of last resort. In his great book, Mahan shows that the condition of a nation's armament and soldiers marks the degree of that nation's efficiency in all things. The three most efficient nations today are Germany, Japan and England, all heavily armed. The European armies, however, are not made up of professional soldiers but of citizen soldiers. When the kaiser started his military regime in Germany, alarmists said he would bankrupt the country, but instead the nation has increased in efficiency and progress. One reason is that the efficiency of each man is so increased by his military training that he makes up for the three years he spends in the ranks. As an illustration of where peace at any price leads to and the fate of a nation without an army we need look no further than China."

## Ignorance Cause Slaughter

Maj. Martin said that the United States is the only nation except England that maintains a standing army and that because of the fact that it does not train its citizens, the later, when war does come, are sent out under ignorant leaders to be slaughtered.

"The result is that our wars are unduly expensive. Our school histories are to blame for not telling the truth about our past wars. In the war of 1812 we tried to raise an army of 500,000 men and the best we could muster was 16,500. We lost every land engagement but two and a handful of professional soldiers—3,500—burned our capital while 7,000 embattled farmers called to the rescue were beat back into the woods. That was an illustration of how effectively an army can be raised between sunrise and sunset."

## Cost of Civil War

"In our civil war we raised an army of 3,000,000 volunteers and the result is a national debt of three billions. The pensions amount to \$172,000,000, which is nearly as much as Germany spends on her army in time of peace. We must get over the idea that we are a chosen people. I am not pleading for a large standing army. That is out of date. What is needed is a reserve created by military instruction of our young men."

"The kind of army I have in mind would not be expensive. There would be a standing army of about 200,000. Back of this would be the militia but a different one from what we have now. I have known many militiamen and I never knew one yet that was not ashamed of the name. You can't blame them when you consider what they have done when they have gone to war. Yet they are good men—the same as volunteered for the Civil war. In peace we give them no support and

call them tin soldiers and when we send them off to war we expect them to act like regulars. There is a movement now, however, to pay the militiamen something, to make the militia a national force and take it out of labor troubles."

## Plan of Defense

"Behind the militia would be the reserve, the exact form of which has not been decided on. By this means an army of 1,000,000 men could be thrown on the first line of defense in case of war while the volunteers were getting ready. In training our boys we might follow the example of Switzerland, where all youths of high school age take such training, or Australia where boys begin such training at 12 years old."

"Switzerland is a good illustration of the value of preparedness. The size of Massachusetts, it has an army of 500,000 men. That is why Germany did not attempt to pass through it on the way to France. It chose to conquer Belgium, a nation steeped in industrialism. It is foolish to say that a fine army brings on war. Does a fire department start fires? As a matter of fact, the United States, with its marked peace proclivities, has had more wars in a century than any other nation in the world and they have been the most destructive."

## New to Her

"What I want is a home loving little wife."

"Well," said the girl, "I love tangoing and matinees and motoring. Home loving, eh? Isn't that a new fad?"

## Germany Shouldn't Kick

As long as the kaiser gets aid from above he shouldn't kick 'cause th' allies buy munitions in America. Th' auto has come t' say, but th' speeders are droppin' out right along.—Abe Martin.

## Our Jitney Offer—This and 5c

Don't miss this. Cut out this slip, enclose with 5c and mail to Foley & Co., Chicago, Ill., writing your name and address clearly. You will receive in return a trial package containing Foley's Honey and Tar Compound, for ailments; and Foley Cathartic Tablets, a wholesome and thoroughly cleansing cathartic, for constipation, biliousness, headache and sluggish bowels, coughs, colds and croup; Foley Kidney Pills, for pain in sides and back, rheumatism, backache, kidney and bladder. Will Marlar Pharmacy.—Advertisement.

## The Cost of High Living High

In these days of the high cost of living the following story is not without a decided point.

The teacher of a primary class was trying to show the children the difference between natural and man made wonders and was finding it hard.

"What," she asked "do you think is the most wonderful thing a man ever made?"

A little girl, whose parents were obviously harassed by the question of ways and means, replied as solemnly as the proverbial judge:

"A living for his family."

## In Extremis

After a hurried rush through the night the doctor found his patient in a very bad way.

"My dear sir," he said slowly, "I have been attending you for nine weeks and have done my best, but I'm afraid that your end is near. Have you any last wish to express?"

The patient drew a long breath.

"Yes, doctor," he replied in a faint voice, "I wish I had had another doctor!"

## A Candid Juror

"Yes, we acquitted that woman, although most of us considered her guilty."

"Then you shouldn't have acquitted her."

"I know we shouldn't. She wasn't very good looking."

"Just the Thing." A tailor's work is sedentary. That is why most tailors suffer from constipation. G. W. Roberson, Wichita Falls, Tex., says: "I find Foley Cathartic Tablets the most delightful, cleansing cathartic I have ever taken. They are just the thing." They keep the stomach sweet and the liver active, drive away headache, dullness, tired feeling, biliousness, bloating, and other results of clogged bowels. Prompt and effective, without gripe or pain. Stout people praise them for light, free feeling they give. Will Marlar Pharmacy.—Advertisement.

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